

British Columbia Physical Education and Kinesiology Articulation Committee
BCPEKA
May 10-11, 2021 Annual Articulation Meeting Minutes
Virtual Meeting Via Zoom

In Attendance: Amber Johnston (Chair-UFV), Emma Russell (CapU), Ann Holmes (CNC), Jodi (CotR), Lara Duke Ken Anderson, (Douglas), Ryan Cawsey (Langara), Tony Leyland (SFU), Tanya Forneris (UBC-O), Paul Kennedy (UBC-V), Alison Pritchard Orr (UFV), Louis Matter(VIU), Gord Inglis (Camosun), Wendy Wheeler (OkC), David Erickson (TWU), Sandra (UVic). Kristen (UVic)

May 11th 9:00-12:00

The meeting was called to order at 9:00 am with a welcome message, territorial acknowledgement and agenda overview from our BCCAT and BCPEKA Chair, Amber Johnston

- Amber noted the Pan-Canadian Consortium on Admissions & Transfer is hosting a virtual "Learning Day" on June 17, 2021. The program will focus on key educational developments and their current and future implications for post-secondary access and mobility in Canada. Sessions include the pivot to online learning environments and services during the COVID-19 pandemic, mapping institutional transfer credit practices, implementation of the MyCreds.ca digital exchange network, and the development of micro-credential frameworks and programs. [Pan-Canadian Consortium on Admissions & Transfer](https://pccat.ca/conference/). To register, visit the PCCAT website at: <https://pccat.ca/conference/>

1. Discussion: What does work integrated learning look like – current/pandemic year, future?

Many Internship program continued but following COVID guidelines- most students were able to complete their internships and follow placement's protocols. Some work experience, co-ops, practicums and internships were delayed. Many were flexible in options of gaining hours and plan to return to normal outlines in Fall 2021. Coop discussions are ongoing at many institutions. International placements did not take place during COVID with travel restrictions and are pending this year dependent on the ability to travel safely. Hours of placement and practicum requirements vary across institutions from 25->100 hours, in some cases leadership credits are also available.

2. Breakout Room:

How is your institution responding – what does Fall term look like?

- Mindset to go back to the "old way" (pre-covid) could be detrimental, keep moving forward and be responsive to the future
- Pandemic has forced us to move forward and we should continue to embrace it. It was challenging, but was successful
 - Satisfaction was down but delivery of material was excellent, students were appreciative of the learning and opportunities
- everyone worked together to make online learning successful
 - Mental health of students is concerning
- Concern for first year students who have only "met" online

What have we learned from this switch to online?

- technology use has been a great addition to skills/tools
 - Need to keep embracing the good things, so we can continue to evolve
 - Missing the connections with other faculty members
- What can be kept from online instruction moving forward
 - Hybrid and flexible learning for students
 - Identifying best practices
 - Teaching and learning supports/centers are really the stars of the pivot and going forward
 - More reflection of our teaching practice is always good
 - Online office hours are awesome (Advising works well too)
- Concerns
 - How will we accommodate sick students?
 - Policy developments?
 - What are the limitations to accommodation
 - Mental health of students is concerning
 - Student centered
 - Caution when asking faculty to do both mixed online and in person delivery.
 - Missing the connections with students and other faculty
 - Online exams are challenging
 - Accommodations for online tests can be a little unreasonable.
 - Varying times and time allotment

What is the future of our programs – KIN and PE?

- Need to continue to adapt to the unknown aspects of what is to come.
- CAP – last PE course taught (no more PE stream) students can declare 3rd year
- Trinity – David went to UBC workshop (some info in report) with PHE Canada
 - laments the loss of PE for pre-service teachers
 - Still have HKIN 350 - Teaching Physical Education
 - Also have a minor
- Douglass -PE program
 - Hybrid delivery with F2F components
 - Keen to get back f2f
- UVIC – Bed cut ~2years ago
 - Within faculty you can still get a teachable area
 - There is still a route to become a PE teacher.
- VIU is now KIN, but still really values the role that PE pedagogy plays in understanding and teaching movement.
 - Still requiring activity classes
 - Planning on adding KIN 203 – Instructional strategies as a required core
- Trinity – David went to UBC workshop (some info in report) with PHE Canada
 - Varying amounts of PE instruction across different teacher education programs
 - laments the loss of PE for pre-service teachers
 - Still have HKIN 350 - Teaching Physical Education (cross listed with education)
 - Also have a minor
- UBC-V – discontinuation of BKin BEd dual degree
 - Phasing PE out over the next few years
- OK college – expected PE components to be cut, but they weren't
 - Re-designed to be elective as recreation and education option
 - Have unique service learning opportunities
 - Challenging on a number of fronts to coordinate content delivery with other programs (UBC-O)

- UFV – still has pedagogy as a concentration option, TEP program at UFV

3. Institutional Reports

What are 3 highlights and 3 concerns you would like to share with the group? *See compiled IR document for all updates and information.*

Camosun

- Highlights – hiring new sport management for coming year (added after report submitted)
- DQAB wants staffing report with sport management 35-60 students so growth is happening
- Major program update under review -BSFL
- Working on Diploma in wellness to Diploma in KIN
 - As of fall 2021
- Degree Program credential change to ministry for approval
- Massage therapy is up and running
- Athletic therapy is still popular
- Indigenization is an institutional priority, looking at updating program and course outlines for indigenous content
- 7 million deficit this year and next
- New president next year

Capilano

- highlights
 - Faculty and staff moving online
 - 3rd year courses starting soon
 - New building – allowing students to stay for 4 years (diploma to degree program)
- challenges
 - Extra pressure dealing with covid and the time crunch that has happened
 - Lots of (open) elective courses with lots of international students “flooding in”

CNC

- Retirement of Cathy after 30 years, another faculty (Nicole) was regularized.
- What does fall look like? Conversations happening now. Okay with staying online, but lots of big “if’s”
- Program started summer before Covid – struggling with “what we are”
 - Students transfer out
 - Lots of international students
 - Lots of 2-year diploma student who just want that and move on (firefighting, personal training etc.)
- Working with Dean who “doesn’t get Kin”
- Moving KIN 291 online was a really valuable experience that was actually “better”
 - Looked at organizations
 - Looked into other schools for KIN
 - Job prospects

COTR

- One faculty retiring (Sandy - after 35 years)

- New courses
 - Personal Health and wellness (KNES 104)– similar to HEAL course; open to all students
 - Principles of exercise and physical fitness (KNES 110) – replacing active health course (KIN 152)
 - Faculty working with international and other programs on international workshop and other opportunities
- Challenges:
 - Hybrid format – created issues for international students; first year numbers down, but in person attendees really appreciated it.
 - International student advised to take other electives and will hopefully “catch up” later

Douglas College

- 2 retirements
 - Three full time positions
- New review process started (every 5 years)
- Enrollment “weathered the storm pretty well”

Langara

- Now graduating first cohort of students from new curriculum
 - Instructors like the new format
 - A&P content was particularly well updated
 - Research methods added to set up for success
- 7 years of decreasing domestic students has increased this past year (year-over-year)
- “Work day” adopted as a new system financial (and other) system for college management
 - April 22 will adopt student modules
 - Registration and progression
- Challenges
 - New English language learners – Discussion with faculty; Where to put English into the program?
 - Planning to add “science literacy” course in 22 to help relieve “downward pressure” on student writing. This course is open to all first year students at the college

OK College

- Highlights
 - New diploma program, (everyone survived as they started it in a pandemic)
 - We can teach KIN online!!
 - New A&P courses
 - Thank you to those who supported
 - Transitioned many courses online
 - Biomechanics
 - More OER within curricula
 - Co-op – 8 placements for the summer (21)
 - Tweaking health and safety plan
 - Feeling confident with the experiences going forward
 - Tweaking courses to help students stay home when sick
 - 9 credit first year A&P review to see how it went
 - Trying to enhance learning opportunities
- Some delays with articulation agreements; still working to smooth the transitions to other programs

- Wendy moving into Deans office, new person to step into chair role

TRU

- Pivoted well to Covid
 - Promoted students to be active in the learning
 - Added excellent online learning opportunities
- Looking forward to being f2f in the fall
- More discussion across campus about getting a full sports or health program (very early in the discussion). Due to the need for health programming globally.
 - Really excited to have these discussion
 - They are a really positive discussion to have

SFU

- New member (Jim Carter) representing SFU
- Two new hires (one last year)
- Science is up ~+4.3% , but BTK is down (~-6.2%)
- Couldn't run BPK 407 online (a required upper-level course)
 - Thinking of implementing wearable technology course
 - Sent microcontroller and students would build, code and design experiments and develop and answer physiology questions.
- No in person labs due to SFU H&S protocols
 - Planning on F2F for the fall

TWU

- President mandated an internal review process to help solidify financial review based on which programs should stay or go
- Human kinetics came out strong through this process
- Program review has just taken place with Human Kinetics at TWU
- Enrollment highest ever this past year- upward trajectory
- Minor in elementary school PE education- secondary program added with the Ed dept- program review indicated the elementary program – minor in PE to include both HS and elementary
- New HKIN 475 -physiology course
- Exploring an undergrad coaching specialization and possibly a masters

UBC-O

- highlights moving forward with program revisions
- All have been approved by UBC-V but waiting for provincial approval -students can now start to choose
- Health promotion concentration - health behavior change
- Ex phys- revamped more foundational clinical population work
- now have a 3rd concentration- kinesiology and allied health
- -80-100 seats in that concentration- may be most popular
- all will have a practicum of 180 hours
- Clinical focus specialization will be 500 hours
- Do not have to complete a concentration- minimum average before you can complete the concentration
- **First cohort will not be happening until 2022**
- starting 2021 will be new course code

- 2 new hires
- challenges with online engagement- students were resilient but there were challenges
- challenges with student stress
- tough finding contact hours for pre-OT & PT students

UBC-V

- work integrated learning has come to a halt
- curriculum review ongoing

UFV

- 2 retirements and 2 new hires
- Program advisor retired- advising has gone to central advising
- Roger Friesen has retired- long time sport psych faculty
- 2 new hires- 4 LTA contracts- several faculty going on sabbatical
- officially became the School of Kinesiology (formally a department) in 2020- Dr. Jason Brandenburg as Director
- Fall prevention programs
- FV regional district connections
- Enrollment unchanged- more international students
- Concerns with international students
- Lots of work re EDI
- 13 faculty in educators' journey toward indigenizing
- Concerns re what Sept will look like
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UVIC

- cut bachelor of ed program but still preparing those who are going into teaching- high school program ladders into secondary program at UVic
- program review timed with academic review- just in the process of implementing those changes
- providing student streams- formalized- e.g major in recreation health
- new positions: 2 research and 1 senior lab instructor
- lost specialist in population health
- 2 upcoming retirements
- Both programs (Recreation and Health Education, RHED; Kinesiology, Kin) are quota programs with 60 seats each
- enrollment down 45 RHED- 60 for KIN- pressure to increase enrollment in KIN
- working on increasing enrollment of indigenous students
- practicums have been an issue with COVID restrictions
- Sandra is the new director!

VIU

- changes planned- full curriculum review and update program requirements will be implemented most likely for fall 2022
- courses with content embedded in other courses
- brand new course: Intro to Kin 291- covers areas in KIN- first year writing- technology component
- 2 retirements
- approved to hire replacements just not sure when
- tasked with a summative program assessment looking for areas within the university that could be enhanced or reviewed (like at TWU)- still waiting to hear the results- hope to get new hires from this to increase enrollments

- increase English requirements and bio 12 and minimum math requirement
- waitlists for program
- increase requirements at lower level and decreasing activity courses- upper level requirements loosened with more electives
- do not have the capacity to do streams
- changes to provide more student flexibility
- international intake down at VIU
- new president- mandate to formalize reconciliation initiatives- in the VIU Strategic plan- indigenization prime focus

4. DRAFT 2021 BCPEKA Admission Requirements Summary

-Invitation to edit [DRAFT 2021 BCPEKA Admission Requirements Summary - Google Docs](#)

- Amber asked that all BCPEKA members update the document for any program changes- focus on current course offerings that fall within this academic year

-at the end of the document there is a page to include methods of delivery and changes due to the pandemic and planned return to campus in Fall, 2021. **The updated document will be circulated again to be up to date for meeting in Spring 2022**

5. EDI and Indigenizing the Curriculum

Breakout Rooms

- Discussion of the commitment to EDI within the institution, and specifically within your program
- PD for EDI - micro credentials, other opportunities
- Decolonization and Indigenizing the curriculum itself

Group 1

-a lot of attention and resources for EDI at the institution level but less so at the department level

-at the department level it is those who teach sociology-based courses are taking the lead with EDI

-hard to include with science-based courses

- include more EDI in student assignments and readings

-indigenizing the curriculum at Langara- decreasing domestic student enrollment- population of indigenous is increasing – program to recruit instructors to teach bridging courses from indigenous communities- no-traditional timeline method of teaching

Group 2

OK College

- No specific direction from institution, but is very interested in EDI
- Wendy took it on as a personal task – is on EDI sub-committee for AKA
 - Challenge to discuss excellence at comprehensive community college
- Trying to lead from her desk
- Push for EDI with hiring
- Disconnect between classroom EDI and community EDI
- Need to be wary of “reverse discrimination”
- Need to be aware of visible and invisible minorities

UFV

- Alison is on the committee for EDI; working with other programs
- Wants to work and stay in touch with Wendy and her role in AKA

- Presidents task force on EDI
- KIN EDI committee linking with other institutions (Manitoba and others)
- Thinking of doing a survey
- Wanting to bring EDI “lens” to tenure and promotion and hiring
- Some female senior administrators and BIPOC
- Need to figure out “how to” do it
- Adding EDI into introduction to Kinesiology course

COTR

- Nothing formal happening
- Local union taking it on as a project
- Focus on indigenization and reconciliation
- Wants to be very intentional in the approach
- Looking at ways to incentivize EDI in research and include it in the decision process (EDI in both researcher and research being done)
- Adding EDI images into course materials
- Incorporating Special Olympics and other groups as activities

VIU

- Top-down approach from administration with strategic plan
- Mainly coming from Faculty union who has an EDI member at large, promoting lots of workshops, seminars and educational initiatives from across North America
- VIU has a significant portion of senior administrators who are female, indigenous or visible minorities.

Group 3

- processes or supports for indigenous students have been in place or are broadening for EDI
- consider hiring practices and curricular changes
- need to “unlearn” a lot- keep taking these steps- needs \$\$ and dedicated people- a lot still happening from the sides of our desks
- Lara added resources in the chat
- evolving space of language and action
- changes to hiring practices

Group 4

- what does EDI mean at each of the institutions? – hiring practices at different institutions- trying to recognize EDI- supports in place for faculty to get started

General Discussion-

- Wendy- question for Kristen re progress re EDI- supports to achieve goals
- RHED at UVic- look at competencies related to indigenizing the curriculum- led by Viv Temple
- Paul- link to UBC-V inclusion action plan- scroll to inclusion action plan toolkit

6. Updates – CSEP, ViaSport, 2022 Meeting Dates

BCAK-

- 2 new certifications- high performance athletes and pre and post-natal
- **Seniors new focus- long term and community support and learning**
- Integrated learning – federal funding for that

- Joined task force to look at the profession of KIN and regulation- core components of KIN curriculum- look at course content e.g. content around Canadian health care system
- Include more health focus
- **Course requirements from BCAA- require course on ex prescription...**
- Considering a national entrance exam for CKA to consider- ongoing discussions
- Marketing BCAA- more about role of KINs- brand awareness and connecting with MDs of BC
- Biggest concerns re lack of understanding of scope of practice for KINs- appropriate client services
- Need oversight
- Maintaining an arm's length relationship with clients

Discussion-

- research methods as part of core competency- vs psychology core competency- psych vs research methods requirement in undergrad KIN degrees
- How do students make evidence informed decisions? -how to work with behaviour changes with clients?
- exam in place before becoming a regularized health profession- exam required prior to certification
- Mix of written and practical- may be mostly a theory-based exam
- Amber will bring information back to BCAA from BCPEKA (**ACTION**)

CSEP-

- 2 new certifications high performance sport and prenatal and postnatal
- start to see more specializations that are add-ons to certifications
- e.g. mental health development
- Tony-high performance may be subject to different interpretations- could be controversial
- Kristen-high performance needs to be accessible to all- sport and occupation

VIA Sport

- no updates
- Wendy- active with webinars to increase in participation-micro-credentials (inclusion and mental health)

7. Proposed 2022 BCPEKA Meeting Date:

May 9,10, 2022 with UFV as the host. Amber will get Moodle organized for documents to be organized as our new communication platform for BCPEKA.

Closing Comments-

Amber thanked everyone for being such a great, connected group.
 Tony- congratulations and fond farewell - Louis and Wendy spoke of all the great things Tony has done for us as a group and just what a great all-around human he is! – he is the embodiment of what this group is- Tony is a legend at BCPEKA- significant contribution to curriculum in BC -textbook shared to all-you are going to be so missed Tony- see you next year!! **Round of beer on Tony for 2022 (as duly recorded in the minutes!)**

[Additional Information Items and Links:](#)

BC Return to Campus Primer, ICYMI:

<https://www2.gov.bc.ca/assets/gov/education/post-secondary-education/institution-resources-administration/return-to-campus-primer.pdf>

JAM: Jam 2020 Highlights and Sessions: <https://www.bccat.ca/articulation/jam>

- Transfer and articulation during a pandemic
- Similar discussions to what we had to day
- Micro-credentials are a focus
- Inter-provincial transfer as a pathway
- ~370 registrants; ~50 community discussions
- Everything was recorded (link in the agenda)
- www.BCCAT/Articulation/JAM for more information
- trying to expand to international and pan-Canadian process

AKA Webinar – Diversity, Equity, and Inclusion: May 13, 2020 (12:00pm EST)- Live on FB and Twitter.

Speaker Dr. Jared Russell, Auburn University. For further information:

<https://mailchi.mp/americankinesiology/aka-webinarpromoting-inclusive-excellence-in-your-kinesiology-academic-unit-10910084?e=19256e8819>

- has tried to be proactive in anti-racism, diversity, inclusion webinar
 - free through Twitter and Facebook
- EDI awards
- Good alignment between BC and California and Hawaiian schools

BCCAT

- BC Transfer Guide now includes pan-Canadian & international transfer agreements. See attached 2021 Expansion Update for further information. <https://www.bctransferguide.ca/>
- Micro credentials: <https://www.bccat.ca/intro/MicroCredentialsReport>

CSEP

- **New Certifications: High Performance Specialization, and Pre and Post Natal Exercise Specialist:** <https://www.csep.ca/en/certification/apply-now--choose-csep-certification>
- **Save the Date: Zooming into the Future: Exercise Science in the Virtual Age, October 13-16:** <https://www.csep.ca/home>

BCAK - <https://bcak.bc.ca/kinesiologists/applicant-faq/>

viaSport – NCCP <https://www.viasport.ca/tags/national-coaching-certification-program-nccp>

Shared by Lara Duke for language for EDI hiring

<https://www.univcan.ca/wp-content/uploads/2019/11/Equity-diversity-and-inclusion-at-Canadian-universities-report-on-the-2019-national-survey-Nov-2019-1.pdf>